

Catherine Rose Bear Heart Woman Dancing Buffalo



Catherine Rose has been working on the path of traditional medicine (Red Path) since 2001 and has sat on the women's large drum since 2010.

Traditional grandmother, adopted in the Deer clan, she facilitates ceremonies and healing circles, both in groups and individually.

This is what Catherine Rose has to say:

"It is always an honor for me to help someone rediscover their strength, purpose, talents, skills, inner wisdom, and, above all, self-love. Thank you, Migwetch, to all my teachers and elders who have been a part of my life. Mitakuye Oyasin, to all my relations."

Catherine Rose is also a massage therapist